

Reduce Single-Use Plastic

From earthday.org



Ways You Can Reuse in Your Daily Life

- ✓ Buy **reusable mesh bags** that replace the plastic bags you use for bulk produce at the grocery store.
- ✓ Purchase **canvas shopping bags** and leave them in your car so they are handy anytime you go shopping.
- ✓ Get a **reusable water bottle** instead of buying plastic ones and throwing them out. This is much better for your health as well!
- ✓ Use **reusable wax lined bags and wraps** to replace single use sandwich bags.
- ✓ When getting rid of **old clothes, toys, furniture, or electronics**, donate them rather than throwing them away.
- ✓ Use **dishes, glasses, and metal silverware** instead of their plastic counterparts.
- ✓ Use washable **reusable cloth diapers** instead of disposable ones.
- ✓ Many **food containers from restaurants** are durable enough to be reused for kitchen storage. Make sure to wash them by hand— putting them in the dishwasher can expose you to toxins.

For a complete listing of biodegradable products, check out

<https://products.bpiworld.org>



Climate Action Team at First Church in Sterling.
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